

ASK YOUR CHAKRAS

5 MIN SELF INQUIRY

Your problem



[Red rounded rectangular box for writing]

How does my **Sacral Chakra** - Security and Vitality - feel about this?



[Orange rounded rectangular box for writing]

What do my **Solar Plexus Chakra** - Willpower and Ego - has to say to this?



[Yellow rounded rectangular box for writing]

How does my **Heart Chakra** - Joy and Compassion - feel about this?



[Green rounded rectangular box for writing]

What does my **Throat Chakra** - Expression and Creativity - react to to this?



[Blue rounded rectangular box for writing]

How does my **Third Eye Chakra** - Independence and Intuition - feel about this?



[Dark blue rounded rectangular box for writing]

How does my **Crown Chakra** - Detachment and Awareness - react to this?



[Purple rounded rectangular box for writing]